



PWOC

Protestant Women of the Chapel

Materials:
Tea sets, tea cards
Ribbons
Song: More Love,
More Power
Video: Do Everything
Cleaning supplies

WORKSHOP: WORSHIP: THE HEART OF LEADERSHIP

by Su Hui Grondski

LEADER'S GUIDE

RELEVANCE: True spiritual leadership flows out of worship. Worship should be a lifestyle for Christian Leaders. Jesus told the woman at the well, "a time is coming when you will worship the Father neither on this mountain nor in Jerusalem...the true worshipers will worship the Father in Spirit and in truth..." (John 4:21,23) Our worship transcends designated times and spaces, such as Sunday morning worship service. Worship encompasses *every* aspect of our daily life, both privately, when we think no one is looking, as well as in public, "...for they are the kind of worshipers the Father seeks" (John 4:23). The goal of spiritual leadership is to glorify God and bless His people. True worship produces Godly character, vision, and motivation in leaders to live a life pleasing to our Lord, Jesus Christ.

CONTEXT: This subject is appropriate for any PWOC participant.

TIME: 75 minutes

HOOK YOUR AUDIENCE: (7 Minutes)

Before the session, set up tea sets and teapot-shaped invitation cards for each table.

While participants are entering the room, play the song, "More Love, More Power" quietly in the background.

Begin the session by welcoming participants, introducing yourself, and with prayer.

*Ask participants: **What is the first thing that comes to your mind when you think about worship?** Have the participants share their thoughts.*



This work is licensed under the Creative Commons Attribution-NonCommercial-NoDerivs 3.0 Unported License. To view a copy of this license, visit <http://creativecommons.org/licenses/by-nc-nd/3.0/> or send a letter to Creative Commons, 444 Castro Street, Suite 900, Mountain View, California, 94041.

Have you ever seen people who are deeply and hopelessly in love and practically worship their lover? You have likely heard the expression "he worships the ground she walks on."

- *Give examples of video clips of sports fans/fanatics or celebrity groupies.*

Note to Trainer: Sharing a stimulating story or personal testimony relating to worship can be a nice icebreaker, helping the participants enter into the world of the presenter.

To worship God is to give God His Worth.

- Review John 4:21-23.

How do we love and worship God? In the early stage of our faith walk, we worship God in the form of public, corporate, and formal worship with other Christians at church. As we mature in our faith walk, our worship becomes both public and private. The Holy Spirit penetrates into our daily life with His truth and we experience His presence and guidance. Jesus taught us how to love/worship God.

...Love the Lord your God with all your heart, and with all your soul, and with all your strength, and with all your mind; and, love your neighbor as yourself.

– Luke 10:27 (NIV)

This scripture speaks of *internal* and *external* worship.

MAKE YOUR POINT 1: WORSHIP HIM WITH ALL YOUR SOUL

(3 minutes)

Intimacy with Christ is a prerequisite for spiritual leadership. In order to have an intimate relationship with Christ, we need to submit to His Lordship. As we give more and more room to the Holy Spirit, we experience the fullness of His presence and every moment of our lives becomes worship.

ENGAGE YOUR LEARNERS 1: (7 Minutes)

Share a way to practice the constant presence of God in our life. As an example, Chaplain Wake used to set his alarm on his digital watch throughout the day, reminding himself to pray. After a while, he got used to talking to God all the time and did not need to set his alarm.



This work is licensed under the Creative Commons Attribution-NonCommercial-NoDerivs 3.0 Unported License. To view a copy of this license, visit <http://creativecommons.org/licenses/by-nc-nd/3.0/> or send a letter to Creative Commons, 444 Castro Street, Suite 900, Mountain View, California, 94041.

Show a picture or PPT Slide of Jesus knocking on the door. Ask the participants what the significance of the picture is (i.e. there is no doorknob on the door; it can only be opened from the inside).



Behold, I stand at the door and knock. If anyone hears My voice and opens the door, I will come in to him and dine with him, and he with Me.

– Revelation 3:20 (NASB)

Ask the participants to write on the teapot-shaped card: "Tea Invitation for Jesus"
"From their name "

Ask participants to close their eyes and reflect how much room they have made for His Spirit to reside in their soul – their mind, heart, and will. Give them a few minutes.

Moments like these are holy. This exercise is not meant to heap guilt on the participants, but rather to give them the space they need to hear from God in a way that is relevant to their own personal lives. We serve a gracious God who wants us to be whole and free.

Ask them to think of a way to remind themselves that Jesus is with them all the time. After a few minutes, ask them to open their eyes, open the card, and write a word, a symbol, or a sentence that can remind them of His constant presence.

Ask them to share their thoughts, if they wish.



MAKE YOUR POINT 2: WORSHIP HIM WITH ALL YOUR MIND

(3 Minutes)

Do not conform any longer to the pattern of this world but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is – His good, pleasing, and perfect will.

– Romans 12:2 (NIV)

For a visual, you could wear a "TV screen" created from a piece of cardboard attached to a headband, with a picture to represent a television screen. (Alternately, use a Power Point slide or draw a simple picture).

What would your thought pattern look like if you had a TV screen on your head, projecting your every thought? We may not think we have a TV screen hooked up to our mind because people do not see our thoughts, but God sees all our thoughts as well as our actions behind closed doors.



We can discipline our mind and have control over our mind as we purposefully replace our thoughts with scriptures and good thoughts.

Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable--if anything is excellent or praiseworthy--think about such things.

– Philippians 4:8 (NIV)

ENGAGE YOUR LEARNERS 2: (7 Minutes)

Ask participants to stand up and turn around to eliminate distractions. Ask them to think about some unwelcome thoughts that have been hanging out in their mind. Ask them to raise their arms as a gesture of surrender. Ask them to repeat this prayer after you. "Jesus, I surrender my thoughts to you today. From this day forward,



This work is licensed under the Creative Commons Attribution-NonCommercial-NoDerivs 3.0 Unported License. To view a copy of this license, visit <http://creativecommons.org/licenses/by-nc-nd/3.0/> or send a letter to Creative Commons, 444 Castro Street, Suite 900, Mountain View, California, 94041.

help my thoughts project only beautiful pictures from my mind. I worship you with all of my mind. In Jesus' Name I pray."

MAKE YOUR POINT 3: WORSHIP HIM WITH ALL YOUR HEART

(10 Minutes)

True worship requires complete submission of our hearts to Christ. We could be participating outwardly in a worship service but our hearts may be far from true worship. If our hearts are filled with worship, we will worship Him even in our sleep.

But in your hearts revere Christ as Lord.

–1 Peter 3:15a (NIV 2011)

We can diagnose the state of our heart through the teachings of Jesus Christ. Our words often times are the fruit of our heart attitude.

No good tree bears bad fruit, nor does a bad tree bear good fruit. Each tree is recognized by its own fruit . . . a good man brings good things out of the good stored up in his heart, and an evil man brings evil things out of the evil stored up in his heart. For the mouth speaks what the heart is full of.

– Luke 6:43-45 (NIV 2011)

This Bible verse indicates that our heart and mouth are closely related. Our heart and mouth play a critical role in our spiritual walk with the Lord.

If you declare with your mouth, Jesus is Lord, and believe in your heart that God raised him from the dead, you will be saved.

– Romans 10:9 (NASB)

The level of our worship is evident in our lives through the words we speak.

And the tongue is a fire, the very world of iniquity; the tongue is set among our members as that which defiles the entire body, and sets on fire the course of our life, and is set on fire by hell. For every species of beasts and birds, of reptiles and creatures of the sea, is tamed and has been tamed by the human race. But no one can tame the tongue; it is a restless evil and full of deadly poison. With it, we bless our Lord and Father, and with it, we curse men, who have been made in the likeness of God. From the same mouth come both blessing and cursing. My brethren, these things ought not to be this way.

– James 3:6-10 (NASB)



This work is licensed under the Creative Commons Attribution-NonCommercial-NoDerivs 3.0 Unported License. To view a copy of this license, visit <http://creativecommons.org/licenses/by-nc-nd/3.0/> or send a letter to Creative Commons, 444 Castro Street, Suite 900, Mountain View, California, 94041.

Words can deeply wound or heal our heart. When we completely trust the Lord, draw close to Him, and worship Him- even in our pain, God transforms us more and more into His image.

One of the ways God builds leadership qualities in us is by allowing trials in our life. Trials come in many different areas such as health, finances, relationships, and more. Sometimes, the trials come from spoken words.

These [trials] have come so that your faith – of greater worth than gold, which perishes even though refined by fire – may be proved genuine and may result in praise, glory, and honor when Jesus Christ is revealed.

– 1 Peter 1:7 (NIV)

ENGAGE YOUR LEARNERS 3: (10 Minutes)

Dwelling on our hurts is like a man worshiping his lover. If our life is consumed with hurt, we are worshiping hurt itself. Harboring anger and bitterness in our heart makes the enemy of our soul dance with joy.

So how can we worship Christ when wounded by words? Focus on Jesus, allowing Him to pull out the root of bitterness from our heart, replacing it with praise and adoration.

Speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord.

–Ephesians 5:19 (NIV 2011)



The mouth is a megaphone of our heart. When we nurture worship in our heart, our mouth will amplify His goodness and mercy.

The tongue has the power of life and death, and those who love it will eat its fruit.

– Proverbs 18: 21 (NIV)



This work is licensed under the Creative Commons Attribution-NonCommercial-NoDerivs 3.0 Unported License. To view a copy of this license, visit <http://creativecommons.org/licenses/by-nc-nd/3.0/> or send a letter to Creative Commons, 444 Castro Street, Suite 900, Mountain View, California, 94041.

At times, we do not seem to have any control over our mouth. If we want to grow as true worshipers, our hearts must be nourished from on high.

I have hidden your word in my heart that I might not sin against you.

– Psalm 119:11 (NIV)

I will bless the LORD at all times: his praise shall continually be in my mouth.

– Psalm 34:1 (NIV)

When we meditate on His Word and worship Him, our wounds can become a weapon, leading to victorious Christian living and leadership.

After consulting the people, Jehoshaphat appointed men to sing to the LORD and to praise him for the splendor of his holiness as they went out at the head of the army, saying: "Give thanks to the LORD, for his love endures forever." As they began to sing and praise, the LORD set ambushes against the men of Ammon and Moab and Mount Seir who were invading Judah, and they were defeated.

– 2 Chronicles 20:21-22 (NIV)

Ask participants to stand up and go to a corner of the room. Ask them to think of a person who is unpleasant to think of. Ask them to recite, "I love _____," 10 times slowly, deliberately as if they mean it. Give them some time.

Ask them to repeat the prayer, "Jesus, as you have forgiven me, I forgive those who have hurt me. I worship you with all my heart by surrendering all my hurts to you today. In Jesus Name."

Unforgiveness is a roadblock to true worship. It puts oneself in the seat of judgment, rather than the Spirit of God. A good leader is a gracious leader- one who knows she needs grace just as desperately as anyone and everyone else.

MAKE YOUR POINT 4: WORSHIP HIM WITH ALL YOUR STRENGTH

(5 Minutes)

Being a leader is not only *what a person does*, but also *who the person is in Christ* – a worshiper. A worshiper of Christ worships Christ in *everything* they do, large or small. Worshiping Him in small things creates building blocks for expanded leadership.



This work is licensed under the Creative Commons Attribution-NonCommercial-NoDerivs 3.0 Unported License. To view a copy of this license, visit <http://creativecommons.org/licenses/by-nc-nd/3.0/> or send a letter to Creative Commons, 444 Castro Street, Suite 900, Mountain View, California, 94041.

Do not despise these small beginnings...

– Zechariah 4:10a (NLT)

Whoever can be trusted with very little can also be trusted with much.

– Luke 16:10a (NIV)

Before we lead others, we must lead ourselves, and before we can lead many, we must learn to lead a few.

ENGAGE YOUR LEARNERS 4: (10 Minutes)

Leadership and worship begins with oneself and at home.

Ask Participants their least favorite chores at home. As they mention them, bring out duster, cleaning cloths, paper towels, etc. and distribute them. Play the video for the song "Everything You Do" by Steven Curtis Chapman.

(You Tube; <http://www.youtube.com/watch?v=uVTeIMursb8>)

Have the participants clean around the room as an act of worship.

This is to make the point that worship exceeds formal corporate worship. True worship touches every part of our private lives. Serving and worshiping Him in things that seem miniscule in life contributes to leadership development.

So whether you eat or drink or whatever you do, do it all for the glory of God.

-1 Corinthians 10:31 (NIV)

For in Him we live and, move, and have our being.

– Acts 17:28a NIV

APPLY IT TO LIFE: (10 Minutes)

So, why worship God? What is the result of worship?

To worship God is to give God His Worth. *God is not always pleased with leaders but He is always pleased with worshippers.* We do not worship God for a blessing but when our life is living-worship, *God is glorified, and people are blessed.*



This work is licensed under the Creative Commons Attribution-NonCommercial-NoDerivs 3.0 Unported License. To view a copy of this license, visit <http://creativecommons.org/licenses/by-nc-nd/3.0/> or send a letter to Creative Commons, 444 Castro Street, Suite 900, Mountain View, California, 94041.

Show picture of ribbon tied finger for an example of reminder.



Have two participants put ribbons on each other's fingers or wrists as a reminder throughout the day that whatever they do, they are doing it as an act of worship to the Lord. (Optional – the ideas of participants can be implemented instead of the Ribbon).

When we desire to worship Christ, He will transform us more and more into His image, and we develop Godly character and vision. *Our vision and motivation is Christ Himself, not promoting ourselves.*

When our worship and His blessings overflow, it floods into the lives of others around us and ripples out to the rest of the world, fulfilling His great commission.

Therefore, go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.

– Matthew 28:19-20

End with prayer.

Play and sing along, "More love, More power."



This work is licensed under the Creative Commons Attribution-NonCommercial-NoDerivs 3.0 Unported License. To view a copy of this license, visit <http://creativecommons.org/licenses/by-nc-nd/3.0/> or send a letter to Creative Commons, 444 Castro Street, Suite 900, Mountain View, California, 94041.