

# Goal Setting

## **WHAT**

A goal is a target or desired end. Having a goal does not mean we always hit it. It does mean, however, that we are getting closer to our target than we would if we had no goal or desired end in mind.

- Isaiah 32:8 says, "The noble man makes noble plans."
- Proverbs 16:3 promises. "Commit to the Lord whatever you do, and your plans will succeed."

Proper goals help you to have the freedom to say "no" to some things so you can say "yes" to things more specific to your responsibilities.

- Mark 1:35-39 Jesus leaves one town to preach at another, though some are still looking for Him.
- Acts 6:1-4 The Deacons change their plans.

## **WHY**

In 1 Chronicles 28:12. King David gives Solomon all the plans that the Spirit had put in his mind for building the temple. Following are other biblical indications of the significance of planning:

- Psalm 33:11
- Psalm 20:4
- Proverbs 19:21
- Proverbs 16:9
- Proverbs 21:5
- Jeremiah 29:11

To live with no motivation or planning is not God's desire. Proverbs 6:6-11 says.

"Go to the ant, O sluggard; consider her ways, and be wise. Without having any chief, officer, or ruler, she prepares her bread in summer and gathers her food in harvest. How long will you lie there, O sluggard? When will you arise from your sleep? A little sleep, a little slumber, a little folding of the hands to rest, and poverty will come upon you like a robber, and want like an armed man."

By committing these goals in prayer, you acknowledge before God that "apart from (Him you) could do nothing." (John 15:5)

"Commit to the Lord whatever you do, and your plans will succeed." (Proverbs 16:3, NIV)

## **PWOC Aims: Our mission is already built in**

- To LEAD women to accept Jesus Christ as personal Savior and Lord (through fellowship, Bible studies and general meetings, programs and special events).
- To TEACH women the history, beliefs, and programs of the church, all built on a solid foundation of worship and Bible study (through Bible studies, programs, seminars, praise and worship).
- To DEVELOP in women the skills of prayer, evangelism, stewardship, and social service, against a background of personal spiritual development (through board positions, devotion speakers, Bible study leaders).
- To INVOLVE women in the work of the Chapel, in keeping with their abilities and interests (through outreach activities, board positions)

## **What Are *YOUR* PWOC Goals?**

### ***Helpful Guidelines***

Pray for God's guidance to determine His goals for your work.

**Set Specific Goals** The more specific you are in writing your goals, the better. Ask yourself these questions: **Who** is involved? **What** active part do I play in accomplishing my goal(s)? **Where** is the location? **When** am I starting and finishing this goal? **Why** am I doing it? **How** am I going to do it?

(Note: Your goals may not require answers to all six questions). Here's an example of setting a specific goal: Instead of saying, "I want to spend time God". Say, "to spend time with God, I will set aside the first 30 minutes of my day to read and mediate on the word of God.")

**Set Measurable Goals** How measureable are your goals? Does your goal(s) allow you to track its progress? Are you able to see how close you are towards accomplishing your goals? Set goals that you're able to track. While tracking, it's a good idea to include specific dates and times. Doing so will encourage you to keep working hard towards fully accomplishing your goals.

**Set Attainable Goals** How reasonable are your goals? Is it something you know you're able to accomplish? It's important to set goals that aren't farfetched and unrealistic.

**Set Realistic Goals** Setting a realistic goal is something that's attainable (reasonable; do-able); something that your *able* and *willing* to accomplish. The example of giving God the first 30 minutes of my day is a realistic goal. It's not too difficult and it's do-able.

**Set Timely Goals** Give yourself a time frame to complete your goals. In all 3 examples provided, I gave a time frame of 30 minutes each morning to get closer to the Lord. A timely goal would be saying, "each morning from 7:30am to 8:00am I will spend time meditating and reading the word of God." Depending on what your goals are, a reasonable time frame may be minutes, hours, days, a week, a month, 6 month, a year or even several years. Give yourself a reasonable time frame to accomplish your goals.

**Goal**

**Timeframe**

**How will you measure it?**

**For yourself**

**For the Board**

**For PWOC**