

# ONE!

## Topical Bible Studies

### **Faith Basics**

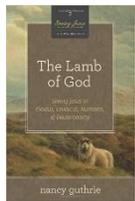
**Seeing Jesus in the Old Testament Series**-Nancy Guthrie. There are five books in the series: Part of the Seeing Jesus in the Old Testament series. The Promised One, The Lamb of God, The Son of David, The Wisdom of God, & The Word of the Lord(They are all 10 weeks) Gain a fresh perspective on the message of the Old Testament prophets, a broader understanding of Jesus as the fulfillment of Scripture, and much more



**The Promised One** - After the resurrection, when Jesus used Scripture to explain who he was and why he came, where did he start? In the Old Testament. And this is where *The Promised One* begins to look for Christ, finding him in the people, promises, and patterns of the Old Testament scriptures.

With contagious passion and theological soundness, Bible teacher Nancy Guthrie shows how the book of Genesis points us to the person of Christ. Throughout ten weeks of guided personal study, relevant teaching, and thoughtful discussion questions, *The Promised One* will help you:

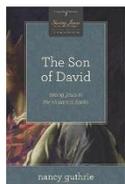
- make new discoveries of Jesus as seen in the shadows of the Old Testament;
- apply the gospel found in Genesis to issues such as shame, fear, and the desire for security and significance;
- develop your longing for what is ahead when the world is once again made new.



**The Lamb Of God** - Jesus's declaration that Moses wrote of him frames this study of four books of the Pentateuch—Exodus, Leviticus, Numbers and Deuteronomy—as we discover the many ways that Moses spoke about Christ. Seasoned Bible teacher Nancy Guthrie shows that the Bible's story from beginning to end is the story of the Lamb—the Lamb of God who takes away the sin of the world.

Over ten weeks of guided personal Bible study, relevant teaching, and group discussion, you will see the person and work of Christ:

- in the person of Moses as a great deliverer, mediator, and prophet;
- in the manna, the water from the rock, and the bronze serpent on the pole;
- and in the priesthood, tabernacle, and sacrificial system.

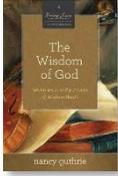


**The Son of David** - What kind of king and what kind of kingdom are we asking for when we pray this prayer Jesus taught us to pray? A study of the Old Testament Historical Books—Joshua through Esther—enables us to see the kingdom of God not only as it once was, but also as it is now, and as it will be one day.

Over ten weeks of guided study, relevant teaching, and group discussion, seasoned Bible teacher Nancy Guthrie traces the history of the people of God from the time they entered the Promised Land through a series of failed kings, exile, and finally their return to await the true King. Readers will see Jesus as:

- the greater Joshua who leads his people into rest;
- the greater Boaz who has done all that is necessary to redeem;

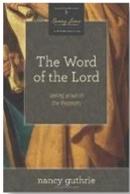
- the greater King who will sit on David's throne forever;
- the greater Restorer who is building his church from ruined stones.



**The Wisdom Of God** - Wouldn't you love to be wise and know the God who is Wisdom himself? This 10-week study of Job, Psalms, Proverbs, Ecclesiastes, and the Song of Solomon mines the Wisdom Literature not only for wise principles for living, but also for the wise person these books point to through their drama, poetry, proverb, and song—Jesus.

Bible teacher Nancy Guthrie provides clear commentary and contemporary application of biblical truths found in the Wisdom Books regarding:

- how God guides us
- how we can make sense of our suffering and our dissatisfaction in life
- how to deal with our uneven emotions, our need for security, and our longing to be loved



**The Word of the Lord** - In the Old Testament, God spoke to his people through prophets—men specially called to speak God's Word to his people. The New Testament makes it clear that such prophets, whether chastising or comforting, testified to Israel's final redemption and ultimate hope: Jesus the Messiah.

Over ten weeks of guided personal Bible study, relevant teaching, and group discussion, Bible teacher Nancy Guthrie will help you see the person and work of Christ

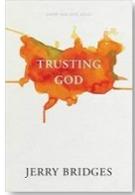
in:

- Hosea's willingness to redeem his unfaithful bride from slavery
- Isaiah's divine King and suffering Servant, who will be punished for his people
- Daniel's stone, not hewn by human hands, that will crush every human kingdom
- Ezekiel's vision of a city where we will enjoy Jesus's presence forever



**The Formation of God's People Israel!**: Exodus, Leviticus, Numbers and Dueteronomy (12 wks)- By Susan Hunt and Lynn Brookside.

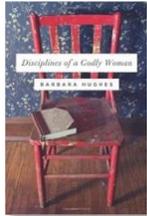
1. A Covenantal Perspective
2. The People of God Called Through Moses
3. Identified and Separated by God
4. The People of God Prepared for Service
5. The Standard of Conduct for God's People: God's Law
6. The People and Their Duty to God
7. The People and Their Duty to One Another
8. The Way of Salvation: Taught by the Tabernacle
9. The Sacrificial System: The Call to a Broken Heart
10. The Numbering of the People: The Call to be Holy
11. The Rebellious Years and the Call to be Without Blemish
12. Moses' Last Days and the Call to Love



**Trusting God** by Jerry Bridges - Why is it easier to obey God than to trust Him?

Because obeying God makes sense to us. In most cases, His laws appear reasonable and wise, and even when we don't want to obey them, we usually concede that they are good for us. But the circumstances we find ourselves in often defy explanation. Before long, we begin to doubt God's concern for us or His control over our lives. We ask, "Why is God allowing this?" or "What have I done wrong?"

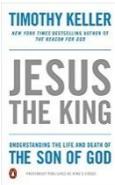
During such a time of adversity, Jerry Bridges began a thorough Bible study on the topic of God's sovereignty. What he learned changed his life, and in *Trusting God* he shares the fruit of that study. As you explore the scope of God's power over nations, nature, and even the details of your life, you'll find yourself trusting Him more completely—even when life hurts.



**Disciplines of a Godly Woman** by Barbara Hughes – Discipline!

Maybe *discipline* seems like a hard word to you—implying nothing but challenge and duty. Yet most of us see the value in cultivating spiritual disciplines, and we long to be more consistent in our relationship with God, even in the midst of our busy lives.

Combining biblical teaching, poignant stories, and insightful reflection questions, Barbara Hughes explores 15 vital disciplines in this classic book—helping us to mature as godly Christian women and giving meaningful shape to our lives.

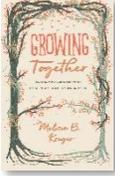


**Jesus The King** by Tim Keller – **Paperback** / **Study Guide** - In this 9-session Bible study guide, *Jesus the King*, Timothy Keller will help you and your group discover the most influential man to ever walk the earth ... Jesus. His story has been told in hundreds of different ways for thousands of years. What more can be said about this man?

Timothy Keller will help you and your group to unlock new insights into the life of Jesus Christ as he explores how Jesus came as a king, but a king who had to bear the greatest burden anyone ever has. *Jesus the King Study Guide* helps you discover the life of Christ as told in the Gospel of Mark.

Keller shows how the story of Jesus is at once cosmic, historical, and personal, calling each of us to look anew at our relationship with God. It is an unforgettable study of Jesus Christ, and one that will leave an indelible imprint on your group's journey through the Gospel of Mark.

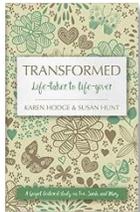
## **Mentoring**



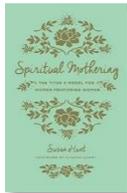
**Growing together: A Helpful Guide to Mentoring Relationships** by Melissa Kruger

"Melissa Kruger helps both the mentor and the mentee know where to start, what to cover, and how to make it work so that the mentoring relationship is a source of joy and growth for everyone involved."

We need one another. Yet we don't always know how to develop relationships that help us grow in the Christian life. Spiritual mentoring offers a way for younger believers and more mature Christians to grow together through intentional discipleship and accountability. If you're looking for a place to start, Melissa Kruger presents a guide for discipleship conversations that span a variety of topics for spiritual growth. Each lesson encourages both mentor and mentee to focus on the hope of the gospel as they learn together from the truth of God's word.

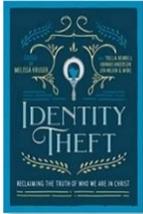


**Transformed: Life-taker to Life-giver (Focus for Women)** - Deep in our hearts, we know our influence within each situation and relationship. Sometimes we are life-givers and sometimes life-takers. This 10-week personal or group Bible study takes us on a transformational journey. Key biblical passages, gospel-centered devotions, Scripture based prayers, and heart-penetrating questions celebrate the power of the gospel to transform God's daughters into women who give life to their relationships.



**Spiritual Mothering:** The Titus 2 Model for Women Mentoring Women by Susan Hunt - Many churches lack a crucial element central to the flourishing of women: older women mentoring younger women. Using Titus 2 as a guide, seasoned author Susan Hunt casts a biblical vision of what the church can be when women invest in vibrant relationships with one another. Featuring inspiring stories from the Bible and from women today who have faithfully embraced Scripture's command, this book offers readers an abundance of practical insights, ministry-tested how-to's, and personal encouragement. Now featuring a new cover, this classic book will inspire a new generation of women to seek out the blessing of godly relationships that will encourage and equip them to live for God's glory.

## **Identity**

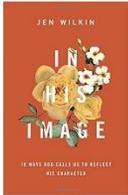


**Identity Theft: Reclaiming the Truth of our Identity in Christ** – various authors - Who am I? It's a question we all ask ourselves at some point.

Depending on the season we focus our identity on our job performance, marital status, personality type, or social network, among other options. However, there's a larger question to consider. Who does the Bible tell me I am in Christ? From the wisdom and perspective of insightful authors—including Jen Wilkin, Hannah Anderson, and Jen Pollock Michel—we'll seek to answer this question by: Exposing

our false notions of identity; Understanding the biblical truth of our identity in Christ; and Reflecting on what it looks like to live in our new (and true) identity.

In 10 chapters we'll cover everything from our identity as children of God to citizens of heaven. At the end of each chapter, study questions will facilitate group discussion as you consider this glorious truth with your friends. Join us as we explore how knowing who we are in Christ changes every aspect of our lives.



**In His Image: 10 Ways God Calls Us to Reflect His Character** - Sometimes we ask What is God's will for my life? when we should really be asking Who should I be? The Bible has an answer: Be like the very image of God.

By exploring ten characteristics of who God is—holy, loving, just, good, merciful, gracious, faithful, patient, truthful, and wise—this book helps us understand who

God intends for us to be. Through Christ, the perfect reflection of the image of God, we will discover how God's own attributes impact how we live, leading to freedom and purpose as we follow his will and are conformed to his image.



**Never Enough: Confronting Lies About Appearance and Achievement With Gospel Hope** by Sarah Ivill - Let's admit it, we want to be beautiful and successful.

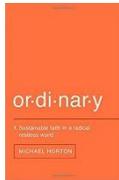
But could these marks of being an empowered woman actually be idols requiring our slavish devotion? If you have struggled with this, you probably know the feeling that you will never be pretty or perfect enough. In *Never Enough*, Sarah Ivill discusses issues related to body image and performance as she shares her

personal struggle with an addiction to thinness and fitness. In the process, she confronts five common lies we fall prey to and points us back to our acceptance in Christ, where we find the true solution to our pursuit of beauty and success.



**The Daughters of Grace** study from The Daily Grace Co. is a study of the women of the Bible and the God of grace. The six week study covers 28 women of the Bible. The book includes daily study questions and is perfect for group or individual study.

The daily content of this study are the same as the previous edition, but weekly memory verses and reflection questions have been added.



**Ordinary** by Michael Horton - Radical. Crazy. Transformative and restless. Every word we read these days seems to suggest there's a "next-best-thing," if only we would change our comfortable, compromising lives. In fact, the greatest fear most Christians have is boredom—the sense that they are missing out on the radical life Jesus promised. One thing is certain. No one wants to be "ordinary."

Yet pastor and author Michael Horton believes that our attempts to measure our spiritual growth by our experiences, constantly seeking after the next big breakthrough, have left many Christians disillusioned and disappointed. There's nothing wrong with an energetic faith; the danger is that we can burn ourselves out on restless anxieties and unrealistic expectations. What's needed is not another program or a fresh approach to spiritual growth; it's a renewed appreciation for the commonplace.

Far from a call to low expectations and passivity, Horton invites readers to recover their sense of joy in the ordinary. He provides a guide to a sustainable discipleship that happens over the long haul—not a quick fix that leaves readers empty with unfulfilled promises. Convicting and ultimately empowering, *Ordinary* is not a call to do less; it's an invitation to experience the elusive joy of the ordinary Christian life.

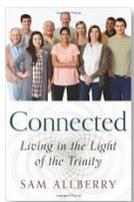


**Faithful: The Covenant God from Eden to Eternity** from The Daily Grace Co. -

This study traces the promises of God from Genesis to Revelation. It traces the story that God is writing through covenant promises to His children. This study walks through the story of Scripture through the lens of the covenants and reminds us that God has always been faithful and we can be confident that He will be faithful in our lives as well.

If you loved the Amen study, this study is for you! It is the perfect study for digging even deeper into the story of redemption.

## **The Trinity**

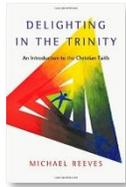


**Connected: Living in the Light of the Trinity** by Sam Allberry - How is the doctrine of the Trinity really meant to be understood? Can it be applied to our everyday lives?

Sam Allberry shows us that the Trinity really matters; in fact, this insight God gives us into himself has enormous implications for how we understand him and how we understand ourselves—as beings made in his image.

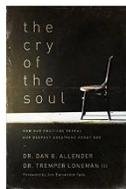
The Trinity shows us that the persons of God in their oneness are both unique and perfectly integrated. In his triune nature, his relational qualities are foundational to our understanding of the unity and diversity of the church and the equality of and differences between men and women.

Have you been avoiding the mystery of the Trinity as complicated and unapproachable? Get connected instead to this foundational and life-changing truth!



**[Delighting in the Trinity: An Introduction to the Christian Faith](#)** by Michael Reeves - Why is God love? Because God is a Trinity. Why can we be saved? Because God is a Trinity. How are we able to live the Christian life? Through the Trinity. In this lively book, we find an introduction to Christianity and the Christian life that is from start to finish rooted in our triune God—Father, Son and Spirit. Not only do we understand the person and work of Christ through the Trinity, but also prayer, the church and every aspect of our faith. With wit and clarity, Reeves draws from church history down to the present referencing a wide range of notable teachers and preachers. Here is a rich and enjoyable portrayal of the basic beliefs of Christianity that opens up the profound and life-changing truths of our faith.

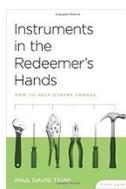
## **Emotion**



**[The Cry of the Soul: How Our Emotions Reveal Our Deepest Questions About God](#)** by Tremper Longman - An excerpt from the foreword by Joni Eareckson Tada: “With the book you are holding, you have stumbled upon the best of guides. I should know. I first read *The Cry of the Soul* decades ago when I was still sorting through a lot of hurt and frustration connected with my quadriplegia (yes, I read it on that music stand holding a mouth stick). *The Cry of the Soul* showed me what to do with my anger and hurt—not stuff it under the carpet of my conscience, or minimize it, but actually do something good with it.”

All emotion—whether positive or negative—can give us a glimpse of the true nature of God. We want to control our negative emotions and dark desires. God wants us to recognize them as the cry of our soul to be made right with Him. Beginning with the Psalms, *Cry of the Soul* explores what Scripture says about our darker emotions and points us to ways of honoring God as we faithfully embrace the full range of our emotional life.

## **Christian Service** – *Faith is the root; works is the fruit*

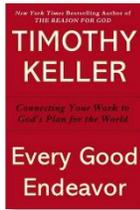


**[Instruments in the Redeemer's Hands Study Guide - How to Help Others Change](#)** by Paul David Tripp - *Instruments in the Redeemer's Hands* has launched a line of interactive, gospel-centered small group materials designed to transform the way that people think about helping others. These *Instruments in the Redeemer's Hands* small group materials are part of CCEF's core curriculum.

Formerly published as *Helping Others Change*, Tripp updated and reformatted *Instruments in the Redeemer's Hands Study Guide* and *Instruments in the Redeemer's Hands Facilitators Guide* offer a comprehensive, hands-on overview of the process of biblical change that will transform the way your Christian church and ministry thinks about and helps others.

Pastors, small group leaders, and church members are equipped to be part of the change process in others' lives through twelve lessons, homework discussion, and Make It Real life applications. The self-explanatory and easy-to-use Facilitator's Guide gives detailed instructions

for leading an individual or a small group through the Instruments in the Redeemer's Hands Study Guide.



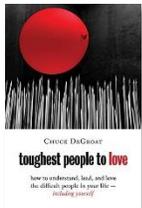
### [Every Good Endeavor: Connecting Your Work To God's Plan For The World](#)

by Tim Keller - In a work world that is increasingly competitive and insecure, people often have nagging questions: Why am I doing this work? Why is it so hard? And is there anything I can do about it?

- What is the purpose of work?
- How can I find meaning and serve customers in a cutthroat, bottom-line-oriented workplace?
- How can I use my skills in a vocation that has meaning and purpose?
- Can I stay true to my values and still advance in my field?
- How do I make the difficult choices that must be made in the course of a successful career?

With deep insight and often surprising advice, Keller shows readers that biblical wisdom is immensely relevant to our questions about our work. In fact, the Christian view of work that we work to serve others, not ourselves can provide the foundation of a thriving professional and balanced personal life. Keller shows how excellence, integrity, discipline, creativity, and passion in the workplace can help others and even be considered acts of worship not just of self-interest.

## The Body of Christ



### [Toughest People to Love: How to Understand, Lead, and Love the Difficult People in Your Life -- Including Yourself](#)

Chuck DeGroat – People -- frustrating, confusing, disappointing, complicated -- are the most difficult part of leadership, and they challenge leaders everywhere, from leaders of many to managers of a few. In this book Chuck DeGroat addresses the flawed nature of people and offers wisdom for leaders of all types in dealing with just about anyone who is difficult to lead and to love.

Toughest People to Love explores the basics of how people "tick," encouraging leaders to examine and take care of themselves so that they can better understand and care for others. Based on DeGroat's wealth of experience as a pastor, professor, and therapist, this book -- both wise and practical -- is one that countless leaders will go back to time and again for valuable insights and renewed vision.



[Ligonier Study Guides for Free](#) - For those that might be on a tight budget from Chapels not meeting for several months, **Ligonier** still has all of their study guides free to download in an individual PDF format.

**What other study materials would you add?**