



# PWOC

*Protestant Women of the Chapel*

## WORKSHOP: MENTORING

by Cinky Jones

### PARTICIPANT'S GUIDE

**RELEVANCE:** In recent years we have been encouraged by our PWOC leadership to live our lives "Three Deep." At any given point, I should be pouring my life into another (mentoring) but I should also be in a relationship in which I can be mentored. So "Three Deep" is 1) the person I mentor, 2) myself, and 3) the person by whom I am being mentored. Sometimes these relationships naturally evolve, but more often they are due to intentionality on the part of the mentor and the mentee. This lesson seeks to both educate and encourage those interested in the valuable concept of mentoring.

#### 1. JESUS AS MENTOR

God gave us the greatest gift of all when He sent Jesus into the world. Jesus Christ Who is the same yesterday, today and forever, gifted His disciples as He came alongside them and modeled walking in obedience to the Father and loving with grace and truth. He mentored them.

He responded to their questions, uncertainties and needs. He pointed all glory to God. He joined them in celebrations of God's provision. Emmanuel was 'with them' in their day to day lives. He was their Mentor.

**What do you think of when you hear the word *Mentoring*?**



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## II. MENTORING AS RELATIONSHIP

Take about 3 minutes to read the following quotes about *Mentoring as Relationship* and mark what stands out to you. When you are finished, share what you see as the most significant element of each quote with your neighbor.

*Whatever kind of mentoring you do, whether as spiritual guide, coach, teacher, discipler, counselor or sponsor, and however frequently or infrequently you do it, your mentoring is essentially relationship. A relationship in which your life, such as it is, becomes the message...your life—your redeemed life in Christ—is the best gift you can offer your mentoree, and your family, friends and colleagues for that matter. ~Susan O'Banion*

*Each of us has one more bit of experience and/or skill in something than someone else, but "Mentoring is not about telling. It is about listening—to the Holy Spirit and to the life of the other. If there is a desire for status or position in the eyes of others, you will surely fail, for mentoring is a servant's role. It is true that there are times of instructing, guiding and sharing of wisdom, but mentoring is primarily about discernment and learning to recognize where God is already present and active in the heart of the other. Spiritual mentoring is uniquely relational." ~Keith R. Anderson; Randy D. Reese. Spiritual Mentoring: A Guide for Seeking & Giving Direction*

Consider the following scriptures:

Mark 12:29-31 (NIV):

*The most important [commandment] is this: 'Hear, O Israel: The LORD our God, the LORD is one. Love the LORD your God with all your heart and with all your soul and with all your mind and with all your strength.' The second is this: 'Love your neighbor as yourself.' There is no commandment greater than these.*

John 13:34 (NIV):

*A new command I give you: Love one another. As I have loved you, so you must love one another.*

1John 4:19 (NIV)

*We love because He first loved us.*

What do these Scripture passages show us?



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Read Deuteronomy 6:1-9 (NIV) and circle the words "You" and "Yours" and mark phrases that show elements of mentoring:

*These are the commands, decrees and laws the LORD your God directed me to teach you to observe in the land that you are crossing the Jordan to possess, so that you, your children and their children after them may fear the LORD your God as long as you live by keeping all his decrees and commands that I give you, and so that you may enjoy long life. Hear, O Israel, and be careful to obey so that it may go well with you and that you may increase greatly in a land flowing with milk and honey, just as the LORD, the God of your ancestors, promised you. Hear, O Israel: The LORD our God, the LORD is one. Love the LORD your God with all your heart and with all your soul and with all your strength. These commandments that I give you today are to be on your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up. Tie them as symbols on your hands and bind them on your foreheads. Write them on the doorframes of your houses and on your gates.*

How does this passage relate to mentoring?

### III. TITUS 2

*Likewise, teach the older women to be reverent in the way they live, not to be slanderers or addicted to much wine, but to teach what is good. Then they can train the younger women to love their husbands and children, to be self-controlled and pure, to be busy at home, to be kind, and to be subject to their husbands, so that no one will malign the word of God.*

Titus 2:3-5

Break into groups of 3-4 and take 5 minutes to discuss the passage.

What are some ways the "older women" could go about training the "younger women?" What does that look like in real life? How has that looked in your life?



## IV. GO FOR IT !!!

Women can "love one another" through engaging and growing in God's Truths, support, prayer, accountability, guidance, listening, crying, laughing, loving and pursuing the things of God – pouring out and drinking in. This is good stuff! God Stuff! Don't you agree? So why are so many women not in this type of relationship, either formally or informally? Do we have reservations, concerns, or doubts about mentoring?

**ACTIVITY:** How big is your "BUT?" What are some reasons for not wanting to be a mentor or to be mentored? Brainstorm in a small group and list some of the "buts" that may get in the way of being a mentor or mentee:

I'd like to be a MENTOR but...	I'd like to be a MENTEE but...

Philippians 4:8-9 (NIV) prompts us and gently encourages us, "...whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you."



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