Biblically, a Titus 2 Woman is defined by her Scripture home, Titus 2:3-5, “Likewise, teach the older women to be reverent in the way they live, not to be slanderers, or addicted to much wine, but to teach what is good. Then they can train the younger women to love their husbands and children, to be self-controlled and pure, to be busy at home, to be kind, and to be subject to their husbands, so that no one will malign the word of God.” The Titus 2 woman resides in relationships: with her God, her husband, her children and her friends. Her sphere of influence radiates from her relationship with God, her Father, her Lord and Savior, and the Ruler of her heart.

Practically, a Titus 2 woman is one who has both biblically and experientially walked her faith. She has experienced what others are experiencing. Retrospectively, she shares wisdom and empathetically understands the process of becoming like Christ. Relationships are her priority. First and foremost, the Titus 2 woman has fostered her own relationship with Jesus Christ as the center of her heart, soul, mind and strength (Mark 13:30). She loves Jesus more than any other. Second, she loves her neighbor as herself (Mark 13:31). She has a golden ruler by which the decisions of her life are measured, with a keen measurement for others’ heart needs. The Titus 2 woman also realistically knows her strengths and weaknesses and effectively serves with the gifts God has apportioned her.

Modeling the structure given in Titus 2, the following areas give a vital, breathing body to the Titus 2 woman’s frame.

As aforementioned, the Titus 2 woman’s first priority is her **Relationship with God:**

- She is reverent in the way she lives. Always, her overriding and ultimate goal is to glorify God in all that she is and in everything she does!
- She teaches what is good because she has been steeped in what is good, in God’s Word and in prayer communion with Him.
- She is vulnerable, transparent, and teachable. Psalm 139:23-24, “Search me, O God, and know my heart; try me and know my anxious thoughts; and see if there be any hurtful way in me, and lead me in the everlasting way.”
- She shines with eternal beauty. 1 Peter 3:3, “Your beauty should not come from outward adornment, such as braided hair and the wearing of gold jewelry and fine clothes. Instead, it should be that of your inner self, the unfading beauty of a gentle and quiet spirit, which is of great worth in God’s sight.” Perhaps, when a mentor is sought, one should not necessarily seek the best dressed woman in the church but a woman whose spirit is attractive, the one about whom people say, “I want to be like her when I grow up!”
- She is humble and gentle. This is a pride alert as we are all in process and are being made perfect. Philippians 1:6, “Being confident of this, that He who began a good work in you will carry it on to completion until the day of Christ Jesus.” Ephesians 4:2a, “Be completely humble and gentle.”
• She is self-controlled, pure and kind (Titus 2:5). Her mind is filled with what is good. She turns from evil and focuses on what is right. (Philippians 4:8).

As a result of her continually developing relationship with God, the Titus 2 woman is able to apply her God-experiences to Relationships with Her Family:

• She is a wife who prays for her own husband and children, I Thessalonians 5:17.
• She submits to her husband in everything, Ephesians 5:24.
• She respects her husband, Ephesians 5:33.
• She shares her love for Jesus throughout the haven of her home. Deuteronomy 6:6-9, “These commandments that I give you today are to be upon your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up. Tie them as symbols on your hands and bind them on your foreheads. Write them on the doorframes of your houses and on your gates.”
• She realizes that her family is a gift. Her role is to love and nurture them according to God’s plan, with the hope of His promises being showered upon their hearts. Ephesians 6:4b, “…bring them (children) up in the training and instruction of the Lord.” By doing this, as they choose to honor and to be obedient, comes the promise that it will go well with them, and that they will enjoy long life on the earth. In regard to her family, however, the Titus 2 woman is a real person. She doesn’t have a perfect life; she simply knows how to approach God to handle the hard problems. There have been godly women within our ranges of experience who have shared about a teen daughter’s pregnancy, about alcoholic sons, about fires that consumed all their possessions, about children wandering from the Lord, about unsaved husbands, about ill or aging parents, about handicapped children, about divorce. When a Titus 2 woman is real, others appreciate her honesty, vulnerability, and openness. Without her sharing hurts and struggles, one would think she leads a perfect life. We learn from both her joys and sorrows.
• She employs herself in the betterment of her family and home. Titus 2:5 states that she is to “be busy at home.” The Titus 2 woman has an abiding love for her family, and invests herself in keeping her family well provided with healthy, nutritious food; clean, appropriate clothes; and a comfortable, cozy haven.

The Titus 2 woman is additionally effective as she invests in Relationships with Others:

• She is an excellent listener. James 1:19, “Everyone should be quick to listen, slow to speak and slow to become angry.” Because she has heeded James 1:22, “Do not merely listen to the word, and so deceive yourselves. Do what it says,” she is able to listen attentively to others and guide them according to God’s wisdom. Her mind is focused on helping others draw conclusions rather than taking it upon herself to “fix” them or their problem. She is also careful to direct friends to professional care if their concerns merit help beyond her realm of experience or expertise.
• She avoids gossip and criticism. The Lord hates anyone who stirs up dissension among brothers (or sisters!), Proverbs 6:16, 19.
• She is an encourager! The Titus 2 woman is a spiritual cheerleader. Ephesians 4:29, “Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.” The
Titus 2 woman must tenderly measure all that she says, conveying thoughts with grace and gentleness, always with concern for her friend’s needs. According to Philippians 4:13, “I can do everything through Him who gives me strength,” she loves to help women step out in faith to uncomfortable areas, where they can see God instead of their own skills. She spurs women as they stretch spiritual muscles, lifting weights only God enables them to bear.

- She is submissive to authority, especially in regard to chapel authority. 1 Peter 2:13-15, “Submit yourselves for the Lord’s sake to every authority instituted among men.…”
- She is patient, a peacemaker. Ephesians 4:2b-3, “Be patient, bearing with one another in love. Make every effort to keep the unity of the Spirit through the bond of peace.”
- She knows her friends well enough to know how to pray. A Titus 2 woman knows how you struggle. She listens, she loves, and she reads between the lines. She knows if you’re getting along with your husband and whether he’s a Christian or not. She knows which of your children are currently giving you fits, if you struggle with time management or shop-a-holism, or budgeting. She knows if you’re eating well or getting enough rest and exercise. She knows and she prays. She loves, teaches and advises you when the time is right.

The Titus 2 Woman must first have a right relationship with God, then pattern family relationships after the one she has formed with God. Finally, she is able to share her life and love of God and family with others.

Suggested Reading for Becoming a Titus 2 Woman:

The following is a list of recommended reading applicable to the Titus 2 woman. Some of the suggested titles augment mentoring/Titus 2 topics with areas of leadership and Christian lifestyle choices. These will enhance and enrich the topic of becoming and being a Titus 2 woman.

A Garden Path to Mentoring, Esther Burroughs
Apples of Gold: A Six-Week Nurturing Program for Women, Betty Huizenga
Becoming a Titus II Woman, Martha Peace, Focus
Becoming a Woman of Influence, Carol Kent, NavPress
Choices, Mary Farrar, Multnomah Books
Finding a Mentor, Being a Mentor: Sharing Our Lives As Women of God, Donna Otto
Having a Mary Heart in a Martha World, Joanna Weaver, Waterbrook Press
Margin, Dr. Richard Swenson, NavPress
Spiritual Mothering: The Titus 2 Model for Women, Susan Hunt
Thinking for a Change, John C. Maxwell, Warner Books
Women Encouraging Women, Lucibel Van Atta, Multnomah Press
Women Mentoring Women, Vickie Kraft

This resource has been compiled from input given by several sisters-in-Christ who are themselves Titus 2 women at different places and seasons in their journey with Jesus. To Lisa Bedrosian, Abigail Dolinger, and Debbie Sanders, friends and sisters-in-Christ, many thanks for your thoughtful and prayerfully considered contributions. Prayerfully submitted, Maria Currey