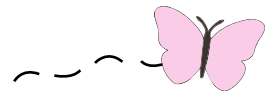


# Self-Control



(to cultivate - prepare, develop, and use (land) for crops or gardening.)

How do we see Christ bearing this fruit in the Gospels?

What are some stones, weeds, or bugs that hinder our growth?



How are we to cultivate this fruit in our lives?

