LENT Meditations

EXODUS

✓	SCRIPTURE	MEDITATION VERSE	PROMPT
	Exodus 1	1:12	How is God multiplying His blessing despite affliction and oppression?
	Exodus 2	2:23-25	Write down God's 4 responses to cries for rescue that came up to Him.
	Exodus 3	3:3-4	Where is *your* burning bush? Do you need to turn aside to see and hear?
	Exodus 4	4:31	If you believe the Lord sees your affliction, how should you respond?
	Exodus 5	5:1	If you find yourself in a personal wilderness, how should you respond?
	Exodus 6	6:6-7	Write down the promises God makes to His people.
	Exodus 7	7:5	What happens for others when God brings someone out of bondage?
	Exodus 8	8:31	Contemplate the effectiveness of prayer and the sufficiency of God.
	Exodus 9	9:12,34	What are two causes of a hard heart? What is your heart condition?
	Exodus 10	10:21-23	Notice the tension of darkness and light. Where do you *live*?
	Exodus 11	11:6-7	Consider the significance and *distinction* of Christ as the *firstborn*.
	Exodus 12	12:42	How can we practice *watching*?
	Exodus 13	13:17-18	By what *way* does God lead people out of slavery? How are they *equipped*?
	Exodus 14	14:13-14	Find 3 commands and 2 promises to cling to in the face of chaos.
	Exodus 15	15:13	Who is your leader? How are you being led? Where are you going?
	Exodus 16	16:15	*"What is it?"* Ask God to reveal the blessings you are surrounded with.
	Exodus 17	17:12	Consider Moses' victory position. How and with whom can you replicate it?
	Exodus 18	18:17-18	What lessons in leadership do we learn from Jethro's observations?
	Exodus 19	19:5-6	What promises does Jesus, our covenant keeper, enact on our behalf?
	Exodus 20	20:18-20	Contrast the fears and positions of the people and Moses.
	Exodus 21	21:18	If we have been *designated* for God's son, what is the promise here?
	Exodus 22	22:21	Who are the *sojourners* in your life? How do you treat them?
	Exodus 23	23:19a	Where is *your ground*? What are its *firstfruits*? Do you *bring* your *best?*
	Exodus 24	24:15-18	Where does Moses spend his 40 days in anticipation? Where do you?
	Exodus 25	25:8	Reflect on God's attention to detail. How/why do you *make* room for Him?
	Exodus 26	26:31-34	What are the results of a veil now torn? Who made/hung it to start with?
	Exodus 27	27:20-21	As a "nation of priests", what is our job *before the LORD?*
	Exodus 28	28:29	Consider all of the *skillful hands* God equips to bring people *before* Himself.
	Exodus 29	29:43-44	By what are we *sanctified*? By whom are we *consecrated*? For what?
	Exodus 30	30:17-21	How does this point to baptism, living water, and servant-leadership?
	Exodus 31	31:16-17	How do you *observe* the Sabbath? It is a sign, covenant, and refreshment!
	Exodus 32	32:21	What is the ultimate result of people-pleasing? Apply to parenting/leading.
	Exodus 33	33:12-14	What does Moses want: to *know*? for God to *show*? How does God reply?
	Exodus 34	34:5-7	List things the LORD proclaims about Himself (right after His people rebel)!
	Exodus 35	35:21-29	What qualifies someone to contribute to the LORD's service?
	Exodus 36	36:1-2,5	Who qualifies someone to do the LORD's work? How? What is the result?
	Exodus 37	37:10-16	Notice God's attention to design and delivery. You are invited to His table!
	Exodus 38	38:21	Jesus "tabernacled" with us. Where does *the testimony* now reside?
	Exodus 39	39:30	How does this point to the *seal* of the Holy Spirit? Who are we *holy to*?
	Exodus 40	40:33-34	Consider yourself as God's handiwork. What is the result of being *finished*?

Lead Through Lent

It is a time for us to acknowledge the coexistence of lament and delight.

We suffer and we rejoice.

We put things down that might be distractions, so that we might pick up a better thing.

We give up and we take up.

We find companionship "in the suffering and kingdom and patient endurance that are ours..." (Rev 1:9)

We fast and we feast.

We honor the tension between the now and the not yet.

We think about who we are: From ashes to ashes and dust to dust.

We think about who He is: He who was and is and is to come.

Though many have not observed it as part of their faith tradition, it presents a unique opportunity to be intentional about leading others to the Cross.

Use this tool to engage your team, small-group, board, family or congregation. Put the prompts in the hands of a trainer or a tech-savvy individual and create daily engagement within your community.

Read a chapter of Exodus each day (except Sundays) to recount your spiritual journey from darkness, to light, to rebellion, to priesthood, to glory.

Lead through Lent!

Tuesday Leader Tune-up *by Alexis Anderson*
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